

Teenagers show they've got the skills to be confident

LET'S get loud: Teenagers and young adults from Brimbank have spoken up.

Between Tuesday and Thursday (January 19-21) a group of youths aged between 15 and 20 years old

took part in the B-Confident program at the Visy Cares Hub in Sunshine.

The initiative, run by Brimbank Youth Services, gave the young participants a chance to build social con-

fidence with a free public speaking workshop.

B-Confident also taught students how to create a radio podcast at SYN FM in Melbourne.

In addition, the applicants visited a radio and television station to observe employees using their public speaking skills in the workplace.

B-Confident aimed to support the young people in de-

veloping life knowledge, job-ready skills and learning how to use creative media.

Some participants in the program will become youth ambassadors for Brimbank Council in the future.



Caroline Vo, 17, Christopher Mabila, 18 and Atonq Kur, 15, took part in B-Confident.

Picture: BRENDAN FRANCIS