



Your experience matters

At the Royal Children's Hospital, we believe that **your experience matters**. We are committed to working with people with lived experience. For us, that means **young people** (over 15 years), **families and carers** in Victoria.

We are looking for expressions of interest to be mental health **Lived Experience Advisors**. This means that you are interested in sharing your experiences to help improve mental health services at the Royal Children's Hospital.

Your participation is always up to you. We will send you opportunities and you can choose to express your interest in the ones that you choose.

If you engage in an opportunity, you will be **paid for your expertise**. You will also have access to supports to make sure you are able to share your experiences in a safe and supportive environment.

If you are interested in becoming a Lived Experience Advisor, please **scan this QR code** to fill out a short form.

Alternatively, you can go to this website:

<https://qrco.de/yourexperiencematters>

If you have any questions, please contact Emily Unity at emily.unity@rch.org.au

