



Untangling Teens & Tweens from Tech

Practical & Positive Strategies to Empower Parents



Thursday 27 October



7-8.30pm



Webinar - 90 min presentation including Q&A



For parents and carers of teens & tweens

No
Charge

In this dynamic 90-minute webinar, psychologist Jocelyn Brewer will help parents and carers understand aspects of technology, app and video game design that prove to be so seductive (and perhaps even 'addictive') to young people and their still developing brains.

Jocelyn's practical approach will help parents and carers understand the developing brain and emotion-regulation, build skills to communicate with their tweens and teens, the importance of technology use agreements and the basics of how to create one.

The webinar is hosted by Brimbank Youth Services and presented by psychologist Jocelyn Brewer.

Register here to attend

[https://us02web.zoom.us/meeting/register/tZwpfuqorjwuGN1Ktbxj_5wY6YJNPLE4zWmC](https://us02web.zoom.us/join/joinmeeting/register/tZwpfuqorjwuGN1Ktbxj_5wY6YJNPLE4zWmC)



For more information or registration details visit <https://brimbankyouth.com/programs> or contact Travis on **0407 794 276** or ✉ youthsupport2@brimbank.vic.gov.au



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