# BUILDING BLOCKS Young Parents Playgroup

# Free support group for young parents

Building Blocks Young Parents Playgroup is a free, weekly, and social playgroup for young and first-time parents up to 25 years old and their pre-school children aged 0-5.



Building Blocks is a support program consisting of fun activities to encourage children's language, social, emotional, and physical development to assist with school preparation. The program also provides parenting information and strategies to help you build a strong relationship with your child.

Parents play a very important role in their children's life as a first teacher.

Available to families living in Ardeer, Albion, Cairnlea, Derrimut, Deer Park, Sunshine, Sunshine North, Sunshine West, St Albans, and Sydenham.

You will need to meet with the facilitator to complete an enrolment form prior to attending the playgroup.

# **WHEN**

Tuesdays Ilam to Ipm

## WHERE

Brimbank Aquatic and Wellness Centre (90 Taylors Rd, Keilor Downs VIC 3038)

## CONTACT

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