



Student Resilience Survey

Brimbank City Council

SNAPSHOT REPORT 2025

Comparison Data Australia (to May 2025)

The comparison dataset has 70,405 responses for the chosen year(s).

Date Generated 9/9/2025

	Year Levels						
	7	8	9	10	11	12	
Female	856	684	651	634	626	550	4001
Male	925	787	724	714	609	565	4324
	1781	1471	1375	1348	1235	1115	8325

helpdesk@resilientyouth.org

Welcome to your Snapshot Report

Our Student Resilience Survey distils the key elements of a resilient life for young people into what we call the 'CPR of Wellbeing': being Connected Protected Respected.

Designed in collaboration with our partners at the University of Adelaide and the University of South Australia, the Student Resilience Survey provides you with real-time data on the resilience and mental health of your students across nine factors.

Through your School Reporting Portal, you can access your survey data and generate on-demand reports highlighting the strengths and challenges of your students.

This Snapshot Report offers an overview of your students' strengths and challenges, presented as percentages and colour-coded against Australian norms.

For a detailed and interactive look at your Student Resilience Survey items, please visit your School Reporting Portal.

We believe you'll find the Student Resilience Survey data to be both insightful and a practical starting point for your efforts to ensure that your students feel connected protected respected.

For additional free resources please visit our website: resiliencyouth.org

To download the annual University of Adelaide 'State of the Nation' Report, please visit: wildlabadelaide.org/reports

If you need any further assistance, please don't hesitate to contact us.

Best wishes,



Dr Andrew Wicking



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Dr Mark Kohler
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The Student Resilience Survey does **NOT** identify individual students; diagnose individual students; assess success or failure; compare individual students, classrooms, or schools. All data is anonymous, non-identified and aggregated.

The CPR of Wellbeing

CPR Model

Our Student Resilience Survey of more than 4,000 schools and 900,000 young people aged 8-18 across every state and territory in Australia, has led to the discovery that young people thrive when they feel Connected Protected Respected™ (CPR).

For detailed information about our Connected Protected Respected (CPR) Model of wellbeing, visit our website: resiliencyouth.org/cpr



Surveys

Discover the strengths and tackle the challenges of your school community with our comprehensive surveys designed for students, staff, and parents/caregivers. Gain real data, derive real insights, and drive real action with:

- Student Resilience Survey
- Staff Resilience Survey
- Parent and Caregiver Resilience Survey
- No Bullying Survey
- Kindness Survey

resiliencyouth.org/surveys

Programs

Unlock the full potential of your school community with our range of evidence-based programs for students and staff.



PLAY



KIND SCHOOLS



WILDSIDE



INTERGENERATIONAL
INSIGHTS WORKSHOP



GAMECHANGERS



GAMES TO GROW RESILIENCE



TRAIL BLAZERS



BRAINY BREAKS



SCHOOLS MENTAL HEALTH
FUND & MENU

Comparison to Australian Norms

Year Level 7 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
CONNECTED					
School Experiences					
	teacher at school who cares	66	70	72	72
	teachers who encourage	73	74	75	75
	feel safe at school	71	78	77	80
*	try hard at school	85	88	83	85
*	care about my school	69	76	72	75
*	enjoy learning new things at school	60	65	69	69
*	have fun at school	58	64	70	68
	school gives students clear rules	77	79	82	81
	school enforces rules fairly	66	70	70	74
	given useful jobs at school	38	49	51	53
*	read for fun	37	39	29	30
Factor Score* :		62	66	65	65
Friendship Experiences					
*	at least one good friend at school	89	91	94	94
*	good at keeping friends	79	83	89	89
*	get along with people who are different from me	79	78	83	79
*	can disagree about things and still be friends	86	89	91	90
*	trust my friends and they trust me	78	83	86	86
	forgive others who are mean to me	48	53	59	58
Factor Score* :		82	85	89	88
Family Experiences					
*	love and support from family	85	90	90	93
*	parents/caregivers who encourage me	85	90	91	93
*	adults who set a good example	80	87	86	89
*	parent/carer who listens to me	73	83	85	88
*	feel safe at home	88	92	94	94
	feel safe in the area where I live	80	88	85	89
*	adult in my life who can talk to	62	76	79	85
Factor Score* :		79	86	88	90



Numbers reported are the % of students who responded favourably to each item.
Colours show the difference between your data and our nation wide comparative data.

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Comparison to Australian Norms

Year Level 7 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
PROTECTED					
Mental Wellbeing					
*	not feeling nervous, anxious, or on edge	63	65	81	80
*	able to stop or control worrying	67	69	81	83
*	not feeling down, depressed, or hopeless	71	78	85	86
*	take interest or pleasure in doing things	69	75	75	78
*	not having trouble sleeping or sleeping too much	57	59	69	69
*	no poor appetite, weight loss or overeating	71	76	82	85
*	not feeling tired or low on energy	59	64	72	73
*	no trouble concentrating	69	72	77	78
Factor Score* :		66	70	78	79
Bullying Behaviours					
*	not bullied at school	91	90	91	89
*	not bullied online	94	95	96	94
*	not socially excluded	84	85	92	91
Factor Score* :		90	90	93	91
Caring Behaviours					
*	involved in at least one extra-curricular	66	81	73	82
*	physically active for one hour per day	74	82	82	87
*	get at least 8 hours of sleep most nights	56	65	69	72
	highly connected to nature (4 or 5 on 5-point scale)	33	.	42	.
	give my time to help others	71	75	66	68
Factor Score* :		65	76	75	80



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If you are looking for comprehensive mental health data, including scatterplot reports, please go to 'Mental Health Report' in your [reporting portal](#).

Comparison to Australian Norms

Year Level 7 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
RESPECTED					
Hopeful Attitudes					
*	think I am doing pretty well	83	86	91	90
*	can think of many ways to get important things	82	86	88	89
*	doing as well as other kids	80	86	90	89
*	can come up with ways to solve problems	70	73	84	83
*	past experiences will help me in the future	73	76	83	84
*	know that I can find a way to solve the problem	71	77	84	84
	at 5 or higher on an 8-rung ladder of life satisfaction	77	.	86	.
Factor Score* :		77	81	87	87
Reflective Attitudes (Coping)					
*	not avoiding responding to problems	64	68	69	72
*	not wishing problems go away	31	35	43	44
*	not blaming self when bad things happen	56	61	72	71
	talk to others when bad things happen	29	33	33	35
	can talk about things if they upset me	34	41	48	50
	feel good about myself	57	63	80	79
Factor Score* :		50	55	61	62
Healthy Choices					
*	do not gamble online	90	95	81	87
	not playing excessive online games	61	74	40	55
	not using a device between 10pm/midnight and 6am	53	67	65	72
*	do not smoke cigarettes	99	99	99	98
*	do not drink alcohol	93	95	95	93
*	do not use illegal drugs	98	99	99	98
*	do not vape	95	97	97	97
*	have not carried a weapon to protect myself	88	89	89	87
*	have not threatened to physically hurt someone	84	86	82	82
Factor Score* :		92	94	92	92



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Comparison to Australian Norms

Year Level 8 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
CONNECTED					
School Experiences					
	teacher at school who cares	62	59	62	61
	teachers who encourage	69	65	70	68
	feel safe at school	69	72	75	76
*	try hard at school	83	82	73	78
*	care about my school	63	65	62	64
*	enjoy learning new things at school	58	57	62	61
*	have fun at school	55	54	67	61
	school gives students clear rules	71	67	75	72
	school enforces rules fairly	52	52	61	60
	given useful jobs at school	37	40	44	47
*	read for fun	34	33	28	23
Factor Score* :		59	58	58	57
Friendship Experiences					
*	at least one good friend at school	91	91	94	93
*	good at keeping friends	80	81	89	88
*	get along with people who are different from me	77	76	78	77
*	can disagree about things and still be friends	88	88	89	90
*	trust my friends and they trust me	81	82	84	84
	forgive others who are mean to me	55	51	64	58
Factor Score* :		83	84	87	86
Family Experiences					
*	love and support from family	85	87	91	91
*	parents/caregivers who encourage me	85	87	90	92
*	adults who set a good example	81	83	82	88
*	parent/carer who listens to me	73	77	82	86
*	feel safe at home	90	90	93	93
	feel safe in the area where I live	80	85	83	87
*	adult in my life who can talk to	63	69	74	80
Factor Score* :		80	82	85	88



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Comparison to Australian Norms

Year Level 8 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
PROTECTED					
Mental Wellbeing					
*	not feeling nervous, anxious, or on edge	61	59	79	79
*	able to stop or control worrying	65	63	80	81
*	not feeling down, depressed, or hopeless	74	74	85	85
*	take interest or pleasure in doing things	72	72	79	79
*	not having trouble sleeping or sleeping too much	59	55	68	69
*	no poor appetite, weight loss or overeating	66	72	81	84
*	not feeling tired or low on energy	56	56	67	71
*	no trouble concentrating	65	64	76	75
Factor Score* :		65	64	77	78
Bullying Behaviours					
*	not bullied at school	92	88	88	86
*	not bullied online	95	95	94	93
*	not socially excluded	86	83	91	89
Factor Score* :		91	89	91	89
Caring Behaviours					
*	involved in at least one extra-curricular	63	78	71	81
*	physically active for one hour per day	72	79	82	86
*	get at least 8 hours of sleep most nights	57	59	68	69
	highly connected to nature (4 or 5 on 5-point scale)	30	.	39	.
	give my time to help others	73	70	61	64
Factor Score* :		64	72	74	79



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Comparison to Australian Norms

Year Level 8 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
RESPECTED					
Hopeful Attitudes					
*	think I am doing pretty well	85	85	86	89
*	can think of many ways to get important things	84	85	86	88
*	doing as well as other kids	84	84	87	88
*	can come up with ways to solve problems	73	73	82	83
*	past experiences will help me in the future	77	75	82	83
*	know that I can find a way to solve the problem	75	75	82	84
	at 5 or higher on an 8-rung ladder of life satisfaction	75	.	84	.
Factor Score* :		80	80	84	86
Reflective Attitudes (Coping)					
*	not avoiding responding to problems	64	66	64	70
*	not wishing problems go away	27	33	43	47
*	not blaming self when bad things happen	59	57	70	70
	talk to others when bad things happen	27	29	30	31
	can talk about things if they upset me	37	38	48	48
	feel good about myself	58	57	74	75
Factor Score* :		50	52	59	62
Healthy Choices					
*	do not gamble online	91	94	75	81
	not playing excessive online games	68	77	38	53
	not using a device between 10pm/midnight and 6am	55	64	60	69
*	do not smoke cigarettes	98	97	97	96
*	do not drink alcohol	90	89	90	89
*	do not use illegal drugs	99	98	96	96
*	do not vape	93	94	95	95
*	have not carried a weapon to protect myself	88	88	88	86
*	have not threatened to physically hurt someone	81	81	78	77
Factor Score* :		91	92	88	89



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Comparison to Australian Norms

Year Level 9 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
CONNECTED					
School Experiences					
	teacher at school who cares	59	55	59	58
	teachers who encourage	65	62	68	64
	feel safe at school	66	68	73	75
*	try hard at school	75	77	69	71
*	care about my school	58	59	55	59
*	enjoy learning new things at school	57	54	61	56
*	have fun at school	54	50	61	57
	school gives students clear rules	64	63	71	67
	school enforces rules fairly	46	43	57	52
	given useful jobs at school	34	34	39	41
*	read for fun	32	31	16	19
Factor Score* :		55	54	52	52
Friendship Experiences					
*	at least one good friend at school	91	90	93	91
*	good at keeping friends	81	80	87	86
*	get along with people who are different from me	73	72	77	75
*	can disagree about things and still be friends	86	87	91	89
*	trust my friends and they trust me	84	82	81	81
	forgive others who are mean to me	54	50	62	57
Factor Score* :		83	82	86	84
Family Experiences					
*	love and support from family	82	83	89	89
*	parents/caregivers who encourage me	86	85	89	90
*	adults who set a good example	76	80	82	86
*	parent/carer who listens to me	69	74	82	84
*	feel safe at home	88	88	91	92
	feel safe in the area where I live	76	83	81	86
*	adult in my life who can talk to	60	67	68	76
Factor Score* :		77	80	84	86



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Comparison to Australian Norms

Year Level 9 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
PROTECTED					
Mental Wellbeing					
*	not feeling nervous, anxious, or on edge	57	55	76	77
*	able to stop or control worrying	61	60	79	80
*	not feeling down, depressed, or hopeless	69	71	82	84
*	take interest or pleasure in doing things	65	69	76	78
*	not having trouble sleeping or sleeping too much	50	52	70	69
*	no poor appetite, weight loss or overeating	64	67	83	83
*	not feeling tired or low on energy	48	48	66	69
*	no trouble concentrating	60	58	72	72
Factor Score* :		59	60	76	77
Bullying Behaviours					
*	not bullied at school	91	89	88	86
*	not bullied online	95	95	93	93
*	not socially excluded	87	84	90	89
Factor Score* :		91	89	90	89
Caring Behaviours					
*	involved in at least one extra-curricular	59	75	70	78
*	physically active for one hour per day	59	72	78	84
*	get at least 8 hours of sleep most nights	49	54	63	65
	highly connected to nature (4 or 5 on 5-point scale)	24	.	36	.
	give my time to help others	71	68	59	61
Factor Score* :		56	67	70	76



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Comparison to Australian Norms

Year Level 9 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
RESPECTED					
Hopeful Attitudes					
*	think I am doing pretty well	87	86	90	89
*	can think of many ways to get important things	88	85	87	88
*	doing as well as other kids	82	83	88	88
*	can come up with ways to solve problems	73	73	84	84
*	past experiences will help me in the future	76	76	81	83
*	know that I can find a way to solve the problem	76	76	84	84
	at 5 or higher on an 8-rung ladder of life satisfaction	77	.	85	.
Factor Score* :		80	80	86	86
Reflective Attitudes (Coping)					
*	not avoiding responding to problems	65	65	67	70
*	not wishing problems go away	31	33	47	50
*	not blaming self when bad things happen	56	57	69	70
	talk to others when bad things happen	24	26	25	28
	can talk about things if they upset me	35	35	46	46
	feel good about myself	53	53	71	72
Factor Score* :		51	52	61	63
Healthy Choices					
*	do not gamble online	90	93	75	75
	not playing excessive online games	72	80	45	52
	not using a device between 10pm/midnight and 6am	51	62	59	67
*	do not smoke cigarettes	96	95	95	93
*	do not drink alcohol	85	83	86	81
*	do not use illegal drugs	97	96	94	93
*	do not vape	89	91	90	90
*	have not carried a weapon to protect myself	91	88	88	85
*	have not threatened to physically hurt someone	79	80	73	73
Factor Score* :		90	89	86	84



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Comparison to Australian Norms

Year Level 10 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
CONNECTED					
School Experiences					
	teacher at school who cares	60	59	55	61
	teachers who encourage	71	67	67	67
	feel safe at school	75	75	75	79
*	try hard at school	79	79	66	70
*	care about my school	67	64	60	61
*	enjoy learning new things at school	62	61	62	59
*	have fun at school	58	53	62	58
	school gives students clear rules	74	67	69	70
	school enforces rules fairly	53	46	53	55
	given useful jobs at school	39	37	36	43
*	read for fun	30	34	23	20
Factor Score* :		59	58	55	54
Friendship Experiences					
*	at least one good friend at school	93	90	91	90
*	good at keeping friends	84	82	86	86
*	get along with people who are different from me	74	74	77	75
*	can disagree about things and still be friends	91	88	90	89
*	trust my friends and they trust me	86	83	80	81
	forgive others who are mean to me	55	51	62	58
Factor Score* :		86	83	85	84
Family Experiences					
*	love and support from family	84	84	85	88
*	parents/caregivers who encourage me	85	86	86	89
*	adults who set a good example	78	82	79	86
*	parent/carer who listens to me	74	76	79	84
*	feel safe at home	92	90	91	93
	feel safe in the area where I live	81	85	79	87
*	adult in my life who can talk to	63	69	68	75
Factor Score* :		79	81	81	86



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Comparison to Australian Norms

Year Level 10 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
PROTECTED					
Mental Wellbeing					
*	not feeling nervous, anxious, or on edge	62	55	75	75
*	able to stop or control worrying	65	60	78	78
*	not feeling down, depressed, or hopeless	74	71	82	84
*	take interest or pleasure in doing things	71	71	74	78
*	not having trouble sleeping or sleeping too much	54	55	69	68
*	no poor appetite, weight loss or overeating	68	67	80	82
*	not feeling tired or low on energy	50	45	68	66
*	no trouble concentrating	63	56	70	71
Factor Score* :		63	60	75	75
Bullying Behaviours					
*	not bullied at school	94	92	88	87
*	not bullied online	97	96	91	92
*	not socially excluded	91	88	92	89
Factor Score* :		94	92	90	89
Caring Behaviours					
*	involved in at least one extra-curricular	52	71	66	77
*	physically active for one hour per day	59	68	75	82
*	get at least 8 hours of sleep most nights	51	51	59	60
	highly connected to nature (4 or 5 on 5-point scale)	26	.	29	.
	give my time to help others	71	67	62	61
Factor Score* :		54	63	67	73



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Comparison to Australian Norms

Year Level 10 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
RESPECTED					
Hopeful Attitudes					
*	think I am doing pretty well	91	88	90	90
*	can think of many ways to get important things	90	88	89	89
*	doing as well as other kids	88	85	88	88
*	can come up with ways to solve problems	82	79	86	85
*	past experiences will help me in the future	85	79	85	84
*	know that I can find a way to solve the problem	83	79	87	85
	at 5 or higher on an 8-rung ladder of life satisfaction	80	.	83	.
Factor Score* :		87	83	88	87
Reflective Attitudes (Coping)					
*	not avoiding responding to problems	70	67	67	70
*	not wishing problems go away	32	34	50	50
*	not blaming self when bad things happen	64	59	68	68
	talk to others when bad things happen	28	29	27	27
	can talk about things if they upset me	39	39	46	48
	feel good about myself	59	54	70	71
Factor Score* :		55	53	62	63
Healthy Choices					
*	do not gamble online	93	94	74	75
	not playing excessive online games	78	84	46	58
	not using a device between 10pm/midnight and 6am	49	64	59	66
*	do not smoke cigarettes	96	94	92	91
*	do not drink alcohol	82	75	82	73
*	do not use illegal drugs	96	95	91	91
*	do not vape	90	87	89	88
*	have not carried a weapon to protect myself	95	90	84	85
*	have not threatened to physically hurt someone	87	83	75	73
Factor Score* :		91	88	84	82



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Comparison to Australian Norms

Year Level 11 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
CONNECTED					
School Experiences					
	teacher at school who cares	61	63	60	64
	teachers who encourage	70	69	67	71
	feel safe at school	72	78	76	80
*	try hard at school	77	79	66	68
*	care about my school	65	67	63	62
*	enjoy learning new things at school	63	63	62	62
*	have fun at school	53	52	61	58
	school gives students clear rules	72	71	73	72
	school enforces rules fairly	53	49	58	56
	given useful jobs at school	34	37	35	42
*	read for fun	31	33	23	20
Factor Score* :		58	59	55	54
Friendship Experiences					
*	at least one good friend at school	91	90	90	89
*	good at keeping friends	83	82	85	85
*	get along with people who are different from me	76	77	77	76
*	can disagree about things and still be friends	87	87	89	88
*	trust my friends and they trust me	83	82	83	81
	forgive others who are mean to me	56	53	61	60
Factor Score* :		84	84	85	84
Family Experiences					
*	love and support from family	83	83	88	85
*	parents/caregivers who encourage me	85	86	87	87
*	adults who set a good example	78	81	81	84
*	parent/carer who listens to me	73	76	78	81
*	feel safe at home	88	89	92	91
	feel safe in the area where I live	75	84	82	86
*	adult in my life who can talk to	66	71	70	74
Factor Score* :		79	81	83	84



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Comparison to Australian Norms

Year Level 11 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
PROTECTED					
Mental Wellbeing					
*	not feeling nervous, anxious, or on edge	57	52	73	72
*	able to stop or control worrying	62	58	77	77
*	not feeling down, depressed, or hopeless	72	70	83	82
*	take interest or pleasure in doing things	69	70	75	78
*	not having trouble sleeping or sleeping too much	54	53	67	65
*	no poor appetite, weight loss or overeating	66	67	81	80
*	not feeling tired or low on energy	45	41	64	62
*	no trouble concentrating	58	53	69	68
Factor Score* :		60	58	74	73
Bullying Behaviours					
*	not bullied at school	94	93	86	86
*	not bullied online	96	95	91	91
*	not socially excluded	92	87	90	89
Factor Score* :		94	92	89	89
Caring Behaviours					
*	involved in at least one extra-curricular	51	66	64	75
*	physically active for one hour per day	50	62	73	78
*	get at least 8 hours of sleep most nights	41	46	52	54
	highly connected to nature (4 or 5 on 5-point scale)	25	.	32	.
	give my time to help others	66	69	64	64
Factor Score* :		47	58	63	69



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Comparison to Australian Norms

Year Level 11 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
RESPECTED					
Hopeful Attitudes					
*	think I am doing pretty well	92	88	91	90
*	can think of many ways to get important things	90	88	89	90
*	doing as well as other kids	89	86	89	88
*	can come up with ways to solve problems	82	80	89	86
*	past experiences will help me in the future	83	81	85	84
*	know that I can find a way to solve the problem	83	81	86	86
	at 5 or higher on an 8-rung ladder of life satisfaction	80	.	81	.
Factor Score* :		87	84	88	87
Reflective Attitudes (Coping)					
*	not avoiding responding to problems	66	68	67	70
*	not wishing problems go away	33	35	47	51
*	not blaming self when bad things happen	64	59	63	66
	talk to others when bad things happen	33	31	33	28
	can talk about things if they upset me	44	42	54	49
	feel good about myself	62	54	69	69
Factor Score* :		54	54	59	62
Healthy Choices					
*	do not gamble online	93	94	72	73
	not playing excessive online games	77	87	51	62
	not using a device between 10pm/midnight and 6am	49	62	53	63
*	do not smoke cigarettes	94	92	88	87
*	do not drink alcohol	73	61	70	61
*	do not use illegal drugs	94	93	87	86
*	do not vape	85	83	84	83
*	have not carried a weapon to protect myself	94	91	86	85
*	have not threatened to physically hurt someone	89	85	76	72
Factor Score* :		89	86	80	78



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Comparison to Australian Norms

Year Level 12 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
CONNECTED					
School Experiences					
	teacher at school who cares	66	70	70	69
	teachers who encourage	75	76	76	75
	feel safe at school	78	83	82	83
*	try hard at school	77	79	68	68
*	care about my school	66	69	62	64
*	enjoy learning new things at school	67	66	67	66
*	have fun at school	57	56	67	63
	school gives students clear rules	74	75	77	74
	school enforces rules fairly	57	50	64	58
	given useful jobs at school	40	41	42	46
*	read for fun	33	34	28	25
Factor Score* :		60	61	58	57
Friendship Experiences					
*	at least one good friend at school	90	89	92	89
*	good at keeping friends	83	83	82	84
*	get along with people who are different from me	74	79	77	78
*	can disagree about things and still be friends	89	87	90	89
*	trust my friends and they trust me	82	83	85	82
	forgive others who are mean to me	55	53	65	62
Factor Score* :		84	84	85	84
Family Experiences					
*	love and support from family	85	83	86	84
*	parents/caregivers who encourage me	86	86	88	87
*	adults who set a good example	80	83	83	84
*	parent/carer who listens to me	74	78	81	80
*	feel safe at home	91	90	92	91
	feel safe in the area where I live	73	86	80	85
*	adult in my life who can talk to	71	73	69	73
Factor Score* :		81	82	83	83



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Comparison to Australian Norms

Year Level 12 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
PROTECTED					
Mental Wellbeing					
*	not feeling nervous, anxious, or on edge	55	50	68	69
*	able to stop or control worrying	59	55	72	74
*	not feeling down, depressed, or hopeless	69	69	80	79
*	take interest or pleasure in doing things	68	69	73	75
*	not having trouble sleeping or sleeping too much	53	51	66	65
*	no poor appetite, weight loss or overeating	68	66	80	80
*	not feeling tired or low on energy	41	39	59	62
*	no trouble concentrating	56	53	65	65
Factor Score* :		59	57	70	71
Bullying Behaviours					
*	not bullied at school	93	93	85	85
*	not bullied online	96	96	90	89
*	not socially excluded	90	88	90	87
Factor Score* :		93	92	88	87
Caring Behaviours					
*	involved in at least one extra-curricular	47	63	66	72
*	physically active for one hour per day	49	57	69	76
*	get at least 8 hours of sleep most nights	37	45	46	52
	highly connected to nature (4 or 5 on 5-point scale)	22	.	28	.
	give my time to help others	73	70	63	64
Factor Score* :		44	55	60	67



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Comparison to Australian Norms

Year Level 12 Genders Female, Male Year 2025

Reporting Area	Focus of Question	Female 2025	AN 2025	Male 2025	AN 2025
RESPECTED					
Hopeful Attitudes					
*	think I am doing pretty well	88	89	90	89
*	can think of many ways to get important things	88	90	90	89
*	doing as well as other kids	87	87	88	87
*	can come up with ways to solve problems	83	83	89	87
*	past experiences will help me in the future	85	84	86	86
*	know that I can find a way to solve the problem	87	84	88	87
	at 5 or higher on an 8-rung ladder of life satisfaction	78	.	82	.
Factor Score* :		86	86	89	88
Reflective Attitudes (Coping)					
*	not avoiding responding to problems	67	68	69	68
*	not wishing problems go away	38	38	49	51
*	not blaming self when bad things happen	63	60	61	63
	talk to others when bad things happen	34	34	34	28
	can talk about things if they upset me	46	46	55	51
	feel good about myself	60	57	65	68
Factor Score* :		56	55	60	61
Healthy Choices					
*	do not gamble online	94	93	74	72
	not playing excessive online games	83	89	58	67
	not using a device between 10pm/midnight and 6am	45	64	48	60
*	do not smoke cigarettes	93	89	87	84
*	do not drink alcohol	65	48	59	46
*	do not use illegal drugs	94	91	88	84
*	do not vape	86	83	82	80
*	have not carried a weapon to protect myself	94	92	86	84
*	have not threatened to physically hurt someone	88	86	81	73
Factor Score* :		88	83	80	75



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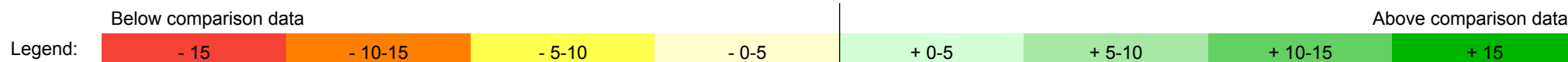
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Longitudinal Comparison to Australian Norms

Year Levels 7-12 Gender Female Year 2025

Reporting Area	Focus of Question	2025 Yr7	2025 AN	2025 Yr8	2025 AN	2025 Yr9	2025 AN	2025 Yr10	2025 AN	2025 Yr11	2025 AN	2025 Yr12	2025 AN
CONNECTED													
School Experiences													
	teacher at school who cares	66	70	62	59	59	55	60	59	61	63	66	70
	teachers who encourage	73	74	69	65	65	62	71	67	70	69	75	76
	feel safe at school	71	78	69	72	66	68	75	75	72	78	78	83
*	try hard at school	85	88	83	82	75	77	79	79	77	79	77	79
*	care about my school	69	76	63	65	58	59	67	64	65	67	66	69
*	enjoy learning new things at school	60	65	58	57	57	54	62	61	63	63	67	66
*	have fun at school	58	64	55	54	54	50	58	53	53	52	57	56
	school gives students clear rules	77	79	71	67	64	63	74	67	72	71	74	75
	school enforces rules fairly	66	70	52	52	46	43	53	46	53	49	57	50
	given useful jobs at school	38	49	37	40	34	34	39	37	34	37	40	41
*	read for fun	37	39	34	33	32	31	30	34	31	33	33	34
Factor Score* :		62	66	59	58	55	54	59	58	58	59	60	61

Australian Norms (AN)



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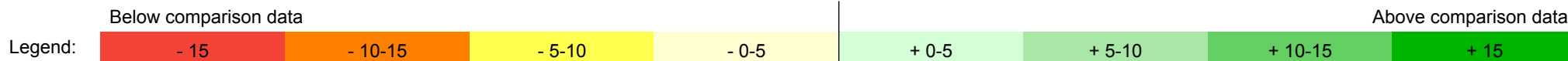
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Longitudinal Comparison to Australian Norms

Year Levels 7-12 Gender Female Year 2025

Reporting Area	Focus of Question	2025 Yr7	2025 AN	2025 Yr8	2025 AN	2025 Yr9	2025 AN	2025 Yr10	2025 AN	2025 Yr11	2025 AN	2025 Yr12	2025 AN
CONNECTED (continued)													
Friendship Experiences													
*	at least one good friend at school	89	91	91	91	91	90	93	90	91	90	90	89
*	good at keeping friends	79	83	80	81	81	80	84	82	83	82	83	83
*	get along with people who are different from me	79	78	77	76	73	72	74	74	76	77	74	79
*	can disagree about things and still be friends	86	89	88	88	86	87	91	88	87	87	89	87
*	trust my friends and they trust me	78	83	81	82	84	82	86	83	83	82	82	83
	forgive others who are mean to me	48	53	55	51	54	50	55	51	56	53	55	53
Factor Score* :		82	85	83	84	83	82	86	83	84	84	84	84
Family Experiences													
*	love and support from family	85	90	85	87	82	83	84	84	83	83	85	83
*	parents/caregivers who encourage me	85	90	85	87	86	85	85	86	85	86	86	86
*	adults who set a good example	80	87	81	83	76	80	78	82	78	81	80	83
*	parent/carer who listens to me	73	83	73	77	69	74	74	76	73	76	74	78
*	feel safe at home	88	92	90	90	88	88	92	90	88	89	91	90
	feel safe in the area where I live	80	88	80	85	76	83	81	85	75	84	73	86
*	adult in my life who can talk to	62	76	63	69	60	67	63	69	66	71	71	73
Factor Score* :		79	86	80	82	77	80	79	81	79	81	81	82

Australian Norms (AN)



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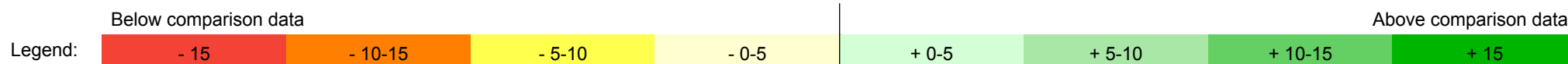
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Longitudinal Comparison to Australian Norms

Year Levels 7-12 Gender Female Year 2025

Reporting Area	Focus of Question	2025 Yr7	2025 AN	2025 Yr8	2025 AN	2025 Yr9	2025 AN	2025 Yr10	2025 AN	2025 Yr11	2025 AN	2025 Yr12	2025 AN
PROTECTED													
Mental Wellbeing													
*	not feeling nervous, anxious, or on edge	63	65	61	59	57	55	62	55	57	52	55	50
*	able to stop or control worrying	67	69	65	63	61	60	65	60	62	58	59	55
*	not feeling down, depressed, or hopeless	71	78	74	74	69	71	74	71	72	70	69	69
*	take interest or pleasure in doing things	69	75	72	72	65	69	71	71	69	70	68	69
*	not having trouble sleeping or sleeping too much	57	59	59	55	50	52	54	55	54	53	53	51
*	no poor appetite, weight loss or overeating	71	76	66	72	64	67	68	67	66	67	68	66
*	not feeling tired or low on energy	59	64	56	56	48	48	50	45	45	41	41	39
*	no trouble concentrating	69	72	65	64	60	58	63	56	58	53	56	53
Factor Score* :		66	70	65	64	59	60	63	60	60	58	59	57

Australian Norms (AN)



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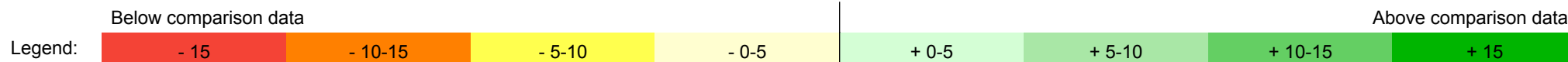
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Longitudinal Comparison to Australian Norms

Year Levels 7-12 Gender Female Year 2025

Reporting Area	Focus of Question	2025 Yr7	2025 AN	2025 Yr8	2025 AN	2025 Yr9	2025 AN	2025 Yr10	2025 AN	2025 Yr11	2025 AN	2025 Yr12	2025 AN
PROTECTED (continued)													
Bullying Behaviours													
*	not bullied at school	91	90	92	88	91	89	94	92	94	93	93	93
*	not bullied online	94	95	95	95	95	95	97	96	96	95	96	96
*	not socially excluded	84	85	86	83	87	84	91	88	92	87	90	88
Factor Score* :		90	90	91	89	91	89	94	92	94	92	93	92
Caring Behaviours													
*	involved in at least one extra-curricular	66	81	63	78	59	75	52	71	51	66	47	63
*	physically active for one hour per day	74	82	72	79	59	72	59	68	50	62	49	57
*	get at least 8 hours of sleep most nights	56	65	57	59	49	54	51	51	41	46	37	45
	highly connected to nature (4 or 5 on 5-point scale)	33	.	30	.	24	.	26	.	25	.	22	.
	give my time to help others	71	75	73	70	71	68	71	67	66	69	73	70
Factor Score* :		65	76	64	72	56	67	54	63	47	58	44	55

Australian Norms (AN)



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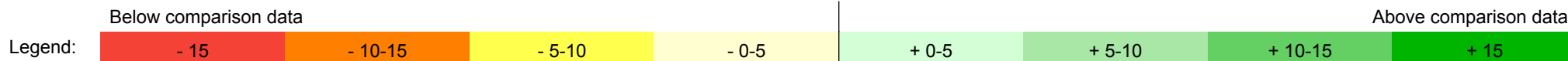
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Longitudinal Comparison to Australian Norms

Year Levels 7-12 Gender Female Year 2025

Reporting Area	Focus of Question	2025 Yr7	2025 AN	2025 Yr8	2025 AN	2025 Yr9	2025 AN	2025 Yr10	2025 AN	2025 Yr11	2025 AN	2025 Yr12	2025 AN
RESPECTED													
Hopeful Attitudes													
*	think I am doing pretty well	83	86	85	85	87	86	91	88	92	88	88	89
*	can think of many ways to get important things	82	86	84	85	88	85	90	88	90	88	88	90
*	doing as well as other kids	80	86	84	84	82	83	88	85	89	86	87	87
*	can come up with ways to solve problems	70	73	73	73	73	73	82	79	82	80	83	83
*	past experiences will help me in the future	73	76	77	75	76	76	85	79	83	81	85	84
*	know that I can find a way to solve the problem	71	77	75	75	76	76	83	79	83	81	87	84
	at 5 or higher on an 8-rung ladder of life satisfaction	77	.	75	.	77	.	80	.	80	.	78	.
Factor Score* :		77	81	80	80	80	80	87	83	87	84	86	86
Reflective Attitudes (Coping)													
*	not avoiding responding to problems	64	68	64	66	65	65	70	67	66	68	67	68
*	not wishing problems go away	31	35	27	33	31	33	32	34	33	35	38	38
*	not blaming self when bad things happen	56	61	59	57	56	57	64	59	64	59	63	60
	talk to others when bad things happen	29	33	27	29	24	26	28	29	33	31	34	34
	can talk about things if they upset me	34	41	37	38	35	35	39	39	44	42	46	46
	feel good about myself	57	63	58	57	53	53	59	54	62	54	60	57
Factor Score* :		50	55	50	52	51	52	55	53	54	54	56	55

Australian Norms (AN)



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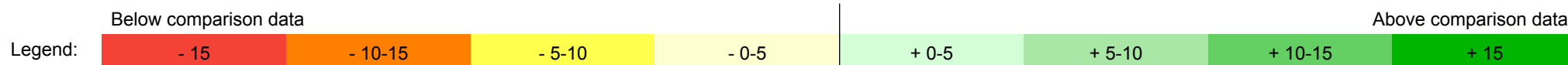
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Longitudinal Comparison to Australian Norms

Year Levels 7-12 Gender Female Year 2025

Reporting Area	Focus of Question	2025 Yr7	2025 AN	2025 Yr8	2025 AN	2025 Yr9	2025 AN	2025 Yr10	2025 AN	2025 Yr11	2025 AN	2025 Yr12	2025 AN
RESPECTED (continued)													
Healthy Choices													
*	do not gamble online	90	95	91	94	90	93	93	94	93	94	94	93
	not playing excessive online games	61	74	68	77	72	80	78	84	77	87	83	89
	not using a device between 10pm/midnight and 6am	53	67	55	64	51	62	49	64	49	62	45	64
*	do not smoke cigarettes	99	99	98	97	96	95	96	94	94	92	93	89
*	do not drink alcohol	93	95	90	89	85	83	82	75	73	61	65	48
*	do not use illegal drugs	98	99	99	98	97	96	96	95	94	93	94	91
*	do not vape	95	97	93	94	89	91	90	87	85	83	86	83
*	have not carried a weapon to protect myself	88	89	88	88	91	88	95	90	94	91	94	92
*	have not threatened to physically hurt someone	84	86	81	81	79	80	87	83	89	85	88	86
Factor Score* :		92	94	91	92	90	89	91	88	89	86	88	83

Australian Norms (AN)



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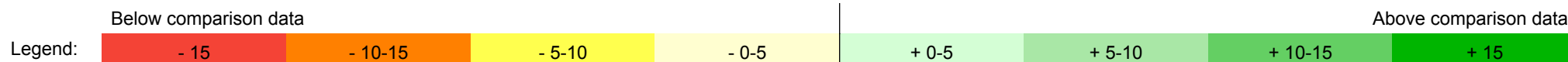
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Longitudinal Comparison to Australian Norms

Year Levels 7-12 Gender Male Year 2025

Reporting Area	Focus of Question	2025 Yr7	2025 AN	2025 Yr8	2025 AN	2025 Yr9	2025 AN	2025 Yr10	2025 AN	2025 Yr11	2025 AN	2025 Yr12	2025 AN
CONNECTED													
School Experiences													
	teacher at school who cares	72	72	62	61	59	58	55	61	60	64	70	69
	teachers who encourage	75	75	70	68	68	64	67	67	67	71	76	75
	feel safe at school	77	80	75	76	73	75	75	79	76	80	82	83
*	try hard at school	83	85	73	78	69	71	66	70	66	68	68	68
*	care about my school	72	75	62	64	55	59	60	61	63	62	62	64
*	enjoy learning new things at school	69	69	62	61	61	56	62	59	62	62	67	66
*	have fun at school	70	68	67	61	61	57	62	58	61	58	67	63
	school gives students clear rules	82	81	75	72	71	67	69	70	73	72	77	74
	school enforces rules fairly	70	74	61	60	57	52	53	55	58	56	64	58
	given useful jobs at school	51	53	44	47	39	41	36	43	35	42	42	46
*	read for fun	29	30	28	23	16	19	23	20	23	20	28	25
Factor Score* :		65	65	58	57	52	52	55	54	55	54	58	57

Australian Norms (AN)



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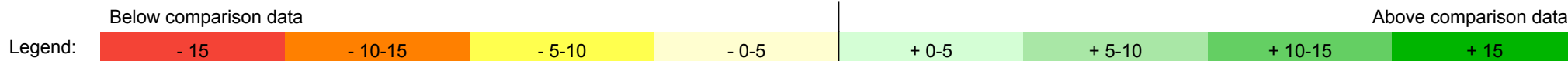
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Longitudinal Comparison to Australian Norms

Year Levels 7-12 Gender Male Year 2025

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CONNECTED (continued)													
Friendship Experiences													
*	at least one good friend at school	94	94	94	93	93	91	91	90	90	89	92	89
*	good at keeping friends	89	89	89	88	87	86	86	86	85	85	82	84
*	get along with people who are different from me	83	79	78	77	77	75	77	75	77	76	77	78
*	can disagree about things and still be friends	91	90	89	90	91	89	90	89	89	88	90	89
*	trust my friends and they trust me	86	86	84	84	81	81	80	81	83	81	85	82
	forgive others who are mean to me	59	58	64	58	62	57	62	58	61	60	65	62
Factor Score* :		89	88	87	86	86	84	85	84	85	84	85	84
Family Experiences													
*	love and support from family	90	93	91	91	89	89	85	88	88	85	86	84
*	parents/caregivers who encourage me	91	93	90	92	89	90	86	89	87	87	88	87
*	adults who set a good example	86	89	82	88	82	86	79	86	81	84	83	84
*	parent/carer who listens to me	85	88	82	86	82	84	79	84	78	81	81	80
*	feel safe at home	94	94	93	93	91	92	91	93	92	91	92	91
	feel safe in the area where I live	85	89	83	87	81	86	79	87	82	86	80	85
*	adult in my life who can talk to	79	85	74	80	68	76	68	75	70	74	69	73
Factor Score* :		88	90	85	88	84	86	81	86	83	84	83	83

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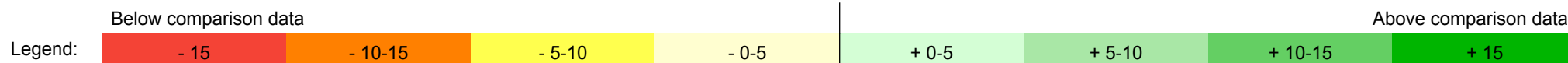
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Longitudinal Comparison to Australian Norms

Year Levels 7-12 Gender Male Year 2025

Reporting Area	Focus of Question	2025 Yr7	2025 AN	2025 Yr8	2025 AN	2025 Yr9	2025 AN	2025 Yr10	2025 AN	2025 Yr11	2025 AN	2025 Yr12	2025 AN
PROTECTED													
Mental Wellbeing													
*	not feeling nervous, anxious, or on edge	81	80	79	79	76	77	75	75	73	72	68	69
*	able to stop or control worrying	81	83	80	81	79	80	78	78	77	77	72	74
*	not feeling down, depressed, or hopeless	85	86	85	85	82	84	82	84	83	82	80	79
*	take interest or pleasure in doing things	75	78	79	79	76	78	74	78	75	78	73	75
*	not having trouble sleeping or sleeping too much	69	69	68	69	70	69	69	68	67	65	66	65
*	no poor appetite, weight loss or overeating	82	85	81	84	83	83	80	82	81	80	80	80
*	not feeling tired or low on energy	72	73	67	71	66	69	68	66	64	62	59	62
*	no trouble concentrating	77	78	76	75	72	72	70	71	69	68	65	65
Factor Score* :		78	79	77	78	76	77	75	75	74	73	70	71

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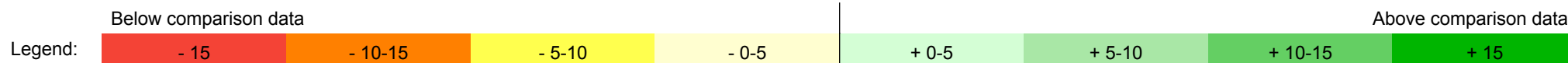
If you are looking for comprehensive mental health data, including scatterplot reports, please go to 'Mental Health Report' in your [reporting portal](#).

Longitudinal Comparison to Australian Norms

Year Levels 7-12 Gender Male Year 2025

Reporting Area	Focus of Question	2025 Yr7	2025 AN	2025 Yr8	2025 AN	2025 Yr9	2025 AN	2025 Yr10	2025 AN	2025 Yr11	2025 AN	2025 Yr12	2025 AN
PROTECTED (continued)													
Bullying Behaviours													
*	not bullied at school	91	89	88	86	88	86	88	87	86	86	85	85
*	not bullied online	96	94	94	93	93	93	91	92	91	91	90	89
*	not socially excluded	92	91	91	89	90	89	92	89	90	89	90	87
Factor Score* :		93	91	91	89	90	89	90	89	89	89	88	87
Caring Behaviours													
*	involved in at least one extra-curricular	73	82	71	81	70	78	66	77	64	75	66	72
*	physically active for one hour per day	82	87	82	86	78	84	75	82	73	78	69	76
*	get at least 8 hours of sleep most nights	69	72	68	69	63	65	59	60	52	54	46	52
	highly connected to nature (4 or 5 on 5-point scale)	42	.	39	.	36	.	29	.	32	.	28	.
	give my time to help others	66	68	61	64	59	61	62	61	64	64	63	64
Factor Score* :		75	80	74	79	70	76	67	73	63	69	60	67

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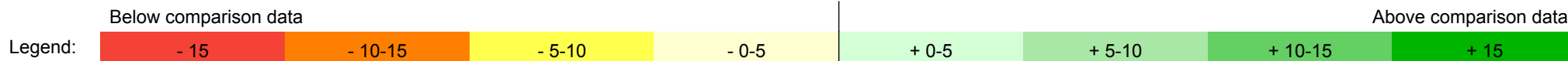
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Year Levels 7-12 Gender Male Year 2025

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RESPECTED													
Hopeful Attitudes													
*	think I am doing pretty well	91	90	86	89	90	89	90	90	91	90	90	89
*	can think of many ways to get important things	88	89	86	88	87	88	89	89	89	90	90	89
*	doing as well as other kids	90	89	87	88	88	88	88	88	89	88	88	87
*	can come up with ways to solve problems	84	83	82	83	84	84	86	85	89	86	89	87
*	past experiences will help me in the future	83	84	82	83	81	83	85	84	85	84	86	86
*	know that I can find a way to solve the problem	84	84	82	84	84	84	87	85	86	86	88	87
	at 5 or higher on an 8-rung ladder of life satisfaction	86	.	84	.	85	.	83	.	81	.	82	.
Factor Score* :		87	87	84	86	86	86	88	87	88	87	89	88
Reflective Attitudes (Coping)													
*	not avoiding responding to problems	69	72	64	70	67	70	67	70	67	70	69	68
*	not wishing problems go away	43	44	43	47	47	50	50	50	47	51	49	51
*	not blaming self when bad things happen	72	71	70	70	69	70	68	68	63	66	61	63
	talk to others when bad things happen	33	35	30	31	25	28	27	27	33	28	34	28
	can talk about things if they upset me	48	50	48	48	46	46	46	48	54	49	55	51
	feel good about myself	80	79	74	75	71	72	70	71	69	69	65	68
Factor Score* :		61	62	59	62	61	63	62	63	59	62	60	61

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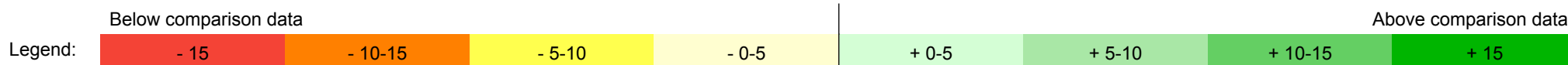
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RESPECTED (continued)													
Healthy Choices													
*	do not gamble online	81	87	75	81	75	75	74	75	72	73	74	72
	not playing excessive online games	40	55	38	53	45	52	46	58	51	62	58	67
	not using a device between 10pm/midnight and 6am	65	72	60	69	59	67	59	66	53	63	48	60
*	do not smoke cigarettes	99	98	97	96	95	93	92	91	88	87	87	84
*	do not drink alcohol	95	93	90	89	86	81	82	73	70	61	59	46
*	do not use illegal drugs	99	98	96	96	94	93	91	91	87	86	88	84
*	do not vape	97	97	95	95	90	90	89	88	84	83	82	80
*	have not carried a weapon to protect myself	89	87	88	86	88	85	84	85	86	85	86	84
*	have not threatened to physically hurt someone	82	82	78	77	73	73	75	73	76	72	81	73
Factor Score* :		92	92	88	89	86	84	84	82	80	78	80	75

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