



BRIMBANK
YOUTH
SERVICES

A SERVICE PROVIDED BY
BRIMBANK CITY COUNCIL

YOUTH MENTAL HEALTH FIRST AID

Are you an adult working, supporting or caring for a young person aged 12 to 18?

Become an accredited Youth Mental Health First Aider for three years and learn how to offer initial support to young people experiencing mental health problems, **for no cost**.



STEP 1

Self-paced eLearning modules
(5-7 hours)



STEP 2

Attend in-person training:
Wednesday 18 November
9:30am-5pm
Visy Cares Hub
(80B Harvester Rd, Sunshine 3020)

Got any questions?

Contact Belinda from BYS:
9249 4000
youthsupport2@brimbank.vic.gov.au

**Register
below**

